

Lara Wear

**Lara's Home Cooking**



**Lara's Home Cooking**  
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# Recipes

# The Right Chicken Stew

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## Mains

2 chicken breast  
2 clove garlic  
1 pkg powdered italian salad dressing  
½ cup chicken boullion  
1 can cream of mushroom soup  
2 tbsp cornstarch

## Veggies

2 cup new potato  
1 zucchini  
1 carrot  
6 mushroom  
½ onion

## Greens

½ cup spinach

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## Instructions

1. In a small slow cooker, lay chicken.
2. Mix garlic, dressing, boullion, and soup.
3. Pour on top of chicken.
4. Chop and mix veggies.
5. Lay on top.
6. Cook on low 8-11 hours.
7. Mix in cornstarch.
8. Cook on high for 30 min.
9. Mix in chopped fresh spinach (5 minutes before serving) or chard (15 min before serving) or kale (15 min before serving) to get the greens.
10. Serve with bread.

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